



INTERVIEW SKILLS

This is a 2 hour practical and interactive workshop that will help you feel more confident at interviews.

The workshop will be run by one of our skilled Blend coaches.

The workshop will:

- **Help you feel more confident at interviews**
- **Give you the tools to learn how to prepare for interviews**
- **Explore the different types of interviews and interview questions**



At the end of the workshop you will:

Have the techniques to answer interview questions in an effective and structured way, as well as techniques to help you manage any interview nerves.

Organisations can buy the programme just for participants from their own organisations, or can buy a number of spaces and join with participants from other organisations.

For more information please contact: office@ltdblend.com