

# Group coaching



## Building Collaboration and Compassion

Group coaching is a fast-growing approach to leadership development, harnessing the power of both coaching and learning within a small, often diverse group. Group coaching enables individuals to work through real leadership challenges, develop coaching skills and increase personal self-belief and resilience. It's about leaders coming together to listen, support and coach each other... it's about collaboration and compassion.



**Our programmes can be facilitated online, allowing flexibility of your leaders**



**Themed sessions (i.e., focus on developing personal resilience, leading through change, or managing a hybrid team.)**



**Typically, 4-6 months in duration, meeting monthly for 2-3 hours. This can be tailored to suit leaders' requirements**



**Adaptable approach depending on whether leadership development or the development of coaching skills is the desired outcome.**



**For more information, please contact [office@ltdblend.com](mailto:office@ltdblend.com)**