

Group coaching



Building Collaboration and Compassion

Group coaching is a fast-growing approach to leadership development, harnessing the power of both coaching and learning within a small, often diverse group. Group coaching enables individuals to work through real leadership challenges, develop coaching skills and increase personal self-belief and resilience. It's about leaders coming together to listen, support and coach each other... it's about collaboration and compassion.



Our programmes can be facilitated online, allowing flexibility of your leaders



Themed sessions (i.e., focus on developing personal resilience, leading through change, or managing a hybrid team.)



Typically, 4-6 months in duration, meeting monthly for 2-3 hours. This can be tailored to suit leaders' requirements



Adaptable approach depending on whether leadership development or the development of coaching skills is the desired outcome.

- Group coaching is typically in groups of up to 6 leaders
- Each leader brings a challenge or question that they would like help thinking through
- The group take the role of 'coach' listening, asking questions and prompting new thinking
- It is confidential, and creates a psychologically safe space



For more information, please contact office@ltdblend.com