



Authentic Leadership

Leadership has changed, particularly in the last two years when leading from the heart has become essential to staff welfare.

This 2-hour introduction to authentic leadership will introduce you to the Authentic Leadership Model developed by Bill George, Harvard Business Professor.

Participants will be supported through self reflection to consider their own authenticity characteristics and strengthen those that might need further development.

Which of the following do you need to strengthen?

**Understanding your purpose
Adhering to your values
Establishing strong connections
Leading from the heart
Practicing self-discipline**



What is the course content?

- ✓ **What authentic leadership is**
- ✓ **Why authentic leadership is important for leaders to model**
- ✓ **How authentic leadership can support resilience in you & your team**
- ✓ **Practical steps on how to strengthen your own authentic leadership style, starting with understanding your values**

Organisations can buy the programme just for participants from their own organisations, or can buy a number of spaces and join with participants from other organisations.

For more information please contact: office@ltdblend.com