

**Company Contact Name:**

Blend Associates Ltd

Contact Details:

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LinkedIn Profile:

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Geographical Base:

UK / Netherlands

PROFILE:

Mags helps ambitious professionals who have reached a plateau in their career, define the outcomes they want and achieve what matters most to them. She gets to the core of what individuals want, what might be holding them back and what they need to do to move forward.

In a world where change is constant, taking personal responsibility for your career and personal development has never been more critical than it is today. Mags recognises that learning to lead is a particularly unique, deeply personal, experience. Her leadership coaching focuses on three core areas: leading yourself, leading others, and delivering the business. Combined together these competencies will underpin leader's ability to perform successfully and enjoy a sustainable career.

COACHING, MENTORING & FACILITATION EXPERIENCE:**COACHING:**

- Since 2015, Mags is employed part-time, as Career Coach at the Technical University of Delft. Mags provides individual coaching sessions for students and early career academics. She also designs, develops and delivers career themed workshops for groups.
- Since 2018, Mags is an Associate Coach with NEO, an executive leadership development company helping motivated professionals to increase their ability to lead. They provide coaching services to INSEAD, one of the world's leading and largest graduate business schools. Through NEO, Mags supports several programs as a Learning Coach: "Leading Organisations in Disruptive Times" (<https://www.insead.edu>) program and "Purposeful Leadership in a Digital World" (<https://www.insead.edu/executive-education/customised-programmes/schneider-electric-video>).
- Between 2020 and 2022, Mags was an Associate Coach with Cognomie who develops a foundation of mental fitness and wellbeing within large organisations across the globe. Mags provided individual coaching to executives to help them perform at their best.
- Between 2017 and 2022, Mags was an Associate Coach with CareerSolution, who provides outplacement services for experienced expats. Mags supported clients in achieving their next career step.

FACILITATION:

Since 2022, Mags is certified as a Positive Intelligence Coach. She facilitates group sessions to help individuals build their mental fitness so they can fulfil their true potential for both happiness and contribution.

MENTORING

Mags has developed and regularly delivers workshops on mentoring.

PSYCHOMETRIC PROFILING:

- Golden Personality Type Profiler
- Myers Briggs Type Indicator

KEY SKILLS:

- Sustainable career development
- Transition coaching (Career & life)
- Mental fitness
- Executive coaching
- Coaching for Emerging Leaders
- Career Development / Transition Coaching
- Resilience Coaching
- Strengths and values
- Diversity, Inclusion & Belonging

PROFESSIONAL QUALIFICATIONS AND TRAINING:

- Certified Positive Intelligence Coach, 2022
- Certificate in the fundamentals of Organisation & Relationship Systems Coaching (ORSC), 2022
- Institute for Professional Excellence in Coaching (iPEC), 2021
- MSc in Career Coaching, University of East London (distinction), 2017
- PG Diploma Counselling Children & Young People, Newport University, 2013
- PG Diploma in Counselling, Queen Margaret University, 2008
- MA Human Resource Management, Manchester Metropolitan University, 2001
- Member of European Mentoring and Coaching Council (EMCC) since 2019
- Qualified member of the Chartered Institute of Personnel and Development (CIPD) since 1988

PROFESSIONAL MEMBERSHIP:

- Accredited member of International Coaching Federation (ICF-ACC) since 2021
- Qualified member of the Chartered Institute of Personnel and Development (CIPD) since 1988

CAREER BACKGROUND:

Mags brings 20 years' experience of operating as a HR Business Partner in national and multi-national companies. She draws upon her insights and experiences of collaborating with and coaching leaders across a range of sectors. In her mid-40's, Mags specialised as a professional coach and returned to university, obtaining a MSc (distinction) in Career Coaching. Nowadays, as an Associate Coach, she collaborates with a number of organisations, providing career and executive coaching.

RECENT TESTIMONIALS:

“During a challenging period in my career, Mags provided me with professional career counselling and coaching services. Over a period of some nine months, I received both practical and emotional coaching support to define my future career objectives, prepare me for interview situations and transition me into my new role.”

“With new insight into my career goals, I was equipped with just the right tools to prepare for my future career challenges. I found that Mags's professional and empathetic approach provided me with the enthusiasm, skills and motivation that was needed to face the challenges ahead.”

“I felt that Mags really took the time to get to know me and understand my key strengths and vulnerabilities. She got my absolute faith from the get go as she seemed so engaged, professional and clearly highly skilled. She was able to help me negotiate getting to know myself and understand what makes me tick and what I bring to the team.”

“I can honestly say Mags has transformed my world in and outside of work for the better and I am so grateful for her time and effort. She was truly amazing and the best coach I've ever had.”