

**Company Contact Name:**

Blend Associates Ltd

Contact Details:

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LinkedIn Profile:

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Geographical Base:

London, UK

PROFILE:

Becky is a leadership development consultant, social innovator and coach. She is experienced working with national government, local providers, commissioners and within communities to support systemic change in leadership, equality and power. Becky founded and runs a social enterprise called Coaching Communities which grows shared leadership in organisations and communities by teaching peer-to-peer coaching. Becky is a professionally trained coach and experienced facilitator with a Diploma in Professional Coaching Skills, a course accredited by the International Coaching Federation and a certification in MBTI (Myers Briggs) and the Prophet Team instrument. Becky can offer 1:1 and group-led coaching with a range of leaders, particularly where they are seeking to lead differently, increase shared ownership or empower themselves to overcome barriers to their success.

COACHING, MENTORING & FACILITATION EXPERIENCE:**COACHING:**

1:1 coaching with individual clients including executive coaching within NHS Trusts, middle managers within local authorities and life coaching for people receiving support with mental health barriers.

Bromley by Bow Health Partnership (May 21 – May 22)

Training the GP practice's new Community Advisory Board, made up of local residents, in peer coaching skills and mentoring them as they embed these skills and practices to support their ongoing work together.

Hornchurch Academy Trust (Nov 20 – March 21)

Training two successive cohorts of staff in peer coaching skills and mentoring them as they coach each other. Mentoring and consultancy to headteachers to enable them to devolve design and roll-out of a peer coaching offer across the five schools to the peer coaches themselves.

Bromley by Bow Centre, Communities Driving Change programme (2018 – 2020)

Over three years we set up two peer coaching circles with 12 residents, with 1:1 coaching alongside, ran peer coaching and facilitation training with 16 staff and residents and are now training 6 alumni to become trainers themselves.

Barnet, Enfield and Harringay Mental Health Trust (Sep – Dec 2020)

Co-designing and developing a leadership programme for Band 6 nurses.

FACILITATION:

Wolverhampton, whole system planning of their voluntary sector provision; Royal Borough of Greenwich coproduction of their learning disabilities offer; Worthing & Adur Council community of practice to support staff adoption of Asset-Based Community Development; Bromley Council coproduction of their support to families living with autism; Thurrock Integrated health, social care and voluntary sector partnership to develop their theory of change.

PSYCHOMETRIC PROFILING:

- Myers Briggs Step I Instrument
- Prophet Team Instrument

KEY SKILLS:

- Supporting leaders to lead collaboratively and build collective ownership, especially amongst staff, stakeholders and recipients of their services
- Coaching leaders and managers to step more confidently into their unique style, work through transitions and overcome limiting beliefs
- Training and coaching people of all backgrounds to take up leadership in their own context
- Training and embedding peer coaching capacity
- Facilitating action learning sets and group co-coaching

PROFESSIONAL QUALIFICATIONS AND TRAINING:

- Prophet Team Instrument
- Certificate in Professional Coaching Skills, Coaching Development, 2017
- Myers Briggs Step One, OPP Assessments, January 2015
- Trusted Advisor, TNS BMRB, June 2012
- Research Foundation Course, AQR, March, 2006
- First class BA honours: English and French, University of Manchester, 2000-04

PROFESSIONAL MEMBERSHIP:

- Member, International Coaching Foundation
- Fellow, Royal Society of Arts

CAREER BACKGROUND:

Becky began her career in social research consultancy, specialising in deliberative citizen and stakeholder engagement for national government departments and local health providers to inform their policy and strategy development. From 2013 Becky spent three years at The King's Fund, designing and delivering leadership development interventions for NHS leaders and carrying out policy research in the health sector, with a focus on supporting collaborative leadership with patients. She was then delighted to be asked to co-lead a two year first phase evaluation of the Bromley by Bow model and its approach to reducing health inequalities, with funding from Public Health England, Wellcome Trust and the Health Foundation. After which she spent an additional 6 months in Public Health England's Communities Team, translating the findings amongst teams at a national level, before founding Coaching Communities in 2018.

RECENT TESTIMONIALS:

"I know Becky as a coach, as a researcher and as a social entrepreneur. In all three of these roles Becky is someone with a deep, values-based commitment to making a tangible difference. She has a strong intellect and a warm, empathetic style. These two things make her approachable while being someone you really want to engage with fully, whether in a coaching relationship or as a colleague. Becky engenders trust and any opportunity to work with her is one to be seized." **Michele Grant, Coach, Coach Supervisor, Trainer**

"If you want to reflect, learn and act on the change you know you need in your life then I would recommend Becky to help you. Whether you are an ambitious CEO or someone who just wants to rebalance she will be able to help you help yourself. Not only is Becky incredibly intelligent and intuitive, she is professional, honest and provocative...everything you need to help you rethink what you want and need and to give you the push to get there." **Coachee, 2019**